



# Saint James' Anglican Church

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From Rev. Kerri,

At a time when headlines and social media memes are chockablock full of how horrible 2020 has been, when we're bracing for the full impact of a second wave in this pandemic, and as we face all of that with less sunlight (clocks Fall Back on November 1) and the cold winter months ahead, its possibly prime time to take a moment and search yourself for what you are most thankful for in the midst of the chaos.

Some of the things I'm seeing or hearing from folks:

- the harvest they've pulled in from their home gardens, including pumpkins and zucchinis;
- that understanding and compassion has been the go-to toward and among families faced with the difficult decision of whether to send children to school this September or to keep them home;
- the warm weather that has allowed for outdoor, distanced visits with friends and families;
- for quick turn around of Covid testing results;
- for accommodating, calm, and organized frontline health care staff;
- for employment / and conversely the ability to continue managing in the face of (what is hopefully temporary) unemployment;
- for cottages, fires, and lakes;
- for the beauty of the Fall.

Part of our recognizing all that we have to be thankful for, is remembering some of our neighbours have not fared as well as us through this crisis. As such, if you are in the position to do so, I invite you to consider making a donation this month to one of the following causes:

- the **Manotick Food Cupboard** - Sam is in the church office, Tuesday & Thursday, 9am to 4pm and Wednesday, 9am to 12 noon to accept donations drop offs. ***Please see specific list of needs below.*** Alternatively, should you prefer to make a financial donation, please be in touch with Sam at the office to coordinate.
- **ROSSS** has continued to provide support services to seniors in our region throughout the pandemic, especially helping with grocery delivery and drives. Should you wish to make a financial donation to them, please see ways to donate below.
- The Anglican Diocese of Ottawa Community Ministries (**[Centre 454](#)**, **[The Well](#)**, **[Cornerstone](#)**, **[Ottawa Pastoral Counselling Centre](#)**, **[St Luke's Table](#)**, and the **[Centre 105](#)**) are serving the most vulnerable in our midst who are often among the hardest hit during a crisis. Should you wish to make a donation to the Community Ministries to help those facing homelessness, hunger, or mental health struggles, you can do so through St James or directly through the "**[Anglican Diocese of Ottawa Community Ministries](#)**" (you will need to click & scroll through to pick).

At the anniversary of my first year as rector of St James, I am so grateful to you as a community. Grateful for the effort made to look out for each other so that no one be forgotten. Grateful for the times you seek ways to better serve our wider community. Grateful for efforts to remain connected to this community and each other despite how it could be easier to disengage.

Continue to err on the side of kindness, forgiveness, and safety of self and others as we lean into this next phase. Continue to lean in with grateful hearts.

Be well,

Kerri

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#### **Manotick Food Cupboard Needs:**

Due to very limited storage space, they are asking for the following specifically:  
(Please be conscious of expiry dates.)

- Canned vegetables, fruit
- Canned stews, chili, chicken, Kraft dinner
- Large canned hams
- Coffee, Juice,
- Meal replacement drink (ie Ensure) for elderly client
- Toilet paper, Kleenex
- Shampoo and conditioner

#### **Volunteer Opportunities:**

Helpers to transfer food from the Independent to St. Leonard's.

(You would be part of a roster of about 5 right now.)

Requires due dates to be checked before placing food in the cupboards.

If you are able to help out, please contact Sam at the church office.

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#### **Ways to Donate Financially:**

1. Use the links to the charities donation page on their website links
2. A cheque made out to St. James indicating where the money should be used (ie. ROSSS, Community Ministries, or Manotick Food Cupboard)
3. An Interac e-transfer to [treasurer@stjames-manotick.ca](mailto:treasurer@stjames-manotick.ca) with a note in the "message box" indicated where the money should be used

If you have any questions, please contact Sam at the church office.

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